



Building Blocks of Music

Rhythm

Q&A Discussion Guide

QUESTIONS

1. Rhythm is the pattern of what in music?
2. Why is rhythm important?
3. How is rhythm like traffic signals?
4. The video gives three examples of rhythm being all around us—or even inside us. Can you name them?
5. Name some ways we use or demonstrate rhythm.
6. Clap this rhythm: Long, Long, Short-Short, Long.

ANSWERS & TEACHER GUIDE

1. Rhythm is the pattern of long and short sounds in music.
2. Without rhythm, music could be confusing—like traffic with no rules or signals.
3. Rhythm helps us know when to play or sing each sound, just as traffic signals help us know when to go or stop.
4. Our heartbeat, the way we walk, and the tick-tock of a clock.
5. Clapping, tapping our feet, dancing, marching, and more. Answers may vary.
6. Listen and check the student's performance.

TEACHER NOTE

Questions 4 and 5 can be shared among multiple students. Encourage students to think of additional examples of rhythm in everyday life that were not mentioned in the video.

