



Building Blocks of Music

Music Rests

Q&A Discussion Guide

QUESTIONS

1. In music, what are rests used for?
2. What types of rests were covered in the video?
3. How many beats does a whole rest get?
4. Which rest gets a $\frac{1}{2}$ beat?
5. What is the difference between music notes and music rests?
6. True or False: In music, a rest is a time to take a nap during a song.
7. Which rest looks like a squiggly lightning bolt?
8. How many beats does a quarter rest get?
9. True or False: A half rest and two quarter rests both equal 2 beats.
10. Which rest looks like a top hat?

ANSWERS & TEACHER GUIDE

1. Rests tell musicians when to stop making sound and how long to remain silent, "Shhh!"
2. Whole, half, quarter, eighth, and sixteenth rests.
3. 4 beats.
4. An eighth rest.
5. Notes tell musicians when to make sound and for how long. Rests tell musicians when to be silent and for how long.
6. False!
7. Quarter rest.
8. 1 beat.
9. True.
10. Half rest.

TEACHER NOTE

Turn notes and rests into a quick performance activity. Clap or play the notes while staying completely silent on the rests. Try different combinations and have students count the steady beat throughout.

